

2012 State Profile — United States

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In the United States, 14,311 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 1,248,905 clients in substance abuse treatment on March 30, 2012. The survey response rate in the United States was 93.1%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	8,054	56.3	653,392	52.3	56,519	63.1
Private for-profit	4,450	31.1	424,871	34.0	19,037	21.3
Local, county, or community government	758	5.3	68,903	5.5	5,653	6.3
State government	363	2.5	38,226	3.1	4,813	5.4
Federal government	364	2.5	41,391	3.3	571	0.6
Dept. of Veterans Affairs	215	1.5	32,499	2.6	--	--
Dept. of Defense	89	--	6,419	0.5	--	--
Indian Health Service	50	0.3	2,271	0.2	571	0.6
Other	10	0.1	202	*	--	--
Tribal government	322	2.3	22,122	1.8	2,928	3.3
Total	14,311	100.0	1,248,905	100.0	89,521	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	7,990	55.8	767,218	61.4	39,927	44.6
Mental health services	997	7.0	59,745	4.8	6,674	7.5
Mix of mental health and substance abuse treatment services	4,732	33.1	378,326	30.3	40,653	45.4
General health care	228	1.6	17,415	1.4	673	0.8
Other	364	2.5	26,201	2.1	1,594	1.8
Total	14,311	100.0	1,248,905	100.0	89,521	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	13,072	94.0	543,155	43.9	206
Clients with drug abuse only	11,821	85.0	470,665	38.0	186
Clients with alcohol abuse only	11,424	82.2	223,313	18.1	86
Total	13,905		1,237,133	100.0	479

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 406.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	11,650	81.4	1,120,615	89.7	47	80,403	89.8
Regular	10,858	75.9	629,794	50.4	26		
Intensive	6,427	44.9	148,893	11.9	11		
Day treatment/partial hospitalization	1,762	12.3	24,530	2.0	3		
Detoxification	1,367	9.6	15,847	1.3	1		
Methadone maintenance	1,316	9.2	301,551	24.1	187		
Residential (non-hospital)	3,566	24.9	110,843	8.9	19	7,639	8.5
Short term (<30 days)	1,804	12.6	29,391	2.4	10		
Long term (30+ days)	2,932	20.5	70,734	5.7	15		
Detoxification	894	6.2	10,718	0.9	4		
Hospital Inpatient	780	5.5	17,447	1.4	10	1,479	1.7
Treatment	578	4.0	10,497	0.8	5		
Detoxification	686	4.8	6,950	0.6	5		
Total	14,311	100.0	1,248,905		40	89,521	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	1,167	100.0
Clients in Facilities with OTPs		
Methadone	306,512	88.7
Buprenorphine	7,409	2.1
Clients in Facilities without OTPs		
Buprenorphine	31,814	9.2
Total	345,735	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	12,820	89.6
Private health insurance	9,306	65.0
Medicare	4,757	33.2
Medicaid	8,347	58.3
State-financed health insurance	5,791	40.5
Federal military insurance	4,783	33.4
No payment accepted	454	3.2
Access to Recovery (ATR) vouchers ²	1,886	13.2
IHS/638 contract care funds	662	4.6
Other payments	671	4.7
Sliding fee scale	8,810	61.6
Treatment at no charge for clients who cannot pay	7,107	49.7

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	13,574	94.9
State substance abuse agency	11,623	81.2
State mental health department	5,470	38.2
State department of health	6,162	43.1
Hospital licensing authority	1,016	7.1
The Joint Commission	2,672	18.7
Commission on Accreditation of Rehabilitation Facilities	3,330	23.3
National Committee for Quality Assurance	423	3.0
Council on Accreditation	735	5.1
Other state/local agency/organization	996	7.0

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	8,286	57.9

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	14,088	98.4
Screening for substance abuse	13,565	94.8
Screening for mental health disorders	9,788	68.4
Comprehensive substance abuse assessment or diagnosis	13,080	91.4
Comprehensive mental health assessment or diagnosis	6,678	46.7
Screening for tobacco use	7,971	55.7
Outreach to persons in the community who may need treatment	8,205	57.3
Interim services for clients when immediate admission is not possible	6,427	44.9
Testing	12,556	87.7
Breathalyzer or other blood alcohol testing	8,769	61.3
Drug or alcohol urine screening	12,006	83.9
Screening for Hepatitis B	3,189	22.3
Screening for Hepatitis C	3,409	23.8
HIV testing	3,995	27.9
STD testing	2,943	20.6
TB screening	5,172	36.1
Counseling	14,179	99.1
Individual counseling	13,994	97.8
Group counseling	13,380	93.5
Family counseling	11,680	81.6
Marital/couples counseling	8,513	59.5
Transitional Services	13,940	97.4
Discharge planning	13,522	94.5
Aftercare/continuing care	11,976	83.7
Pharmacotherapies	7,355	51.4
Antabuse®	2,371	16.6
Naltrexone (oral)	2,578	18.0
Vivitrol® (injectable Naltrexone)	1,438	10.0
Campral®	2,495	17.4
Nicotine replacement	3,131	21.9
Non-nicotine smoking/tobacco cessation medications	2,293	16.0
Medications for psychiatric disorders	5,429	37.9
Methadone	1,609	11.2
Buprenorphine with naloxone (Suboxone®)	2,815	19.7
Buprenorphine without naloxone	1,588	11.1
Ancillary Services	14,218	99.4
Case management services	11,474	80.2
Social skills development	10,530	73.6
Mentoring/peer support	7,406	51.8
Child care for clients' children	1,041	7.3
Assistance with obtaining social services	8,108	56.7
Employment counseling or training for clients	5,338	37.3
Assistance in locating housing for clients	7,039	49.2
Domestic violence services	5,700	39.8
Early intervention for HIV	3,823	26.7
HIV or AIDS education, counseling, or support	8,300	58.0
Hepatitis education, counseling, or support	6,569	45.9

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	7,632	53.3
Substance abuse education	13,776	96.3
Transportation assistance to treatment	5,851	40.9
Mental health services	8,878	62.0
Acupuncture	628	4.4
Residential beds for clients' children	528	3.7
Self-help groups	6,677	46.7
Smoking cessation counseling	5,583	39.0

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	13,979	97.7
Relapse prevention	13,405	93.7
Cognitive-behavioral therapy	13,071	91.3
Motivational interviewing	12,505	87.4
Anger management	11,656	81.4
Brief intervention	11,465	80.1
12-step facilitation	10,674	74.6
Trauma-related counseling	10,008	69.9
Contingency management/motivational incentives	8,214	57.4
Rational emotive behavioral therapy (REBT)	6,622	46.3
Matrix Model	5,571	38.9
Computerized substance abuse treatment	1,935	13.5
Community reinforcement plus vouchers	1,904	13.3
Other treatment approaches	1,946	13.6

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	3,083	475
Number of clients ²	97,082	11,983
Number of designated beds	101,515	10,787
Utilization rate ³	95.6	111.1
Average number of designated beds per facility	33	23

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	11,764	82.2
Clients with co-occurring disorders	5,288	37.0
Adult women	4,470	31.2
DUI/DWI offenders	4,107	28.7
Adolescents	4,008	28.0
Adult men	3,550	24.8
Criminal justice clients	3,352	23.4
Persons who have experienced trauma	3,103	21.7
Pregnant or postpartum women	1,784	12.5
Persons with HIV or AIDS	1,077	7.5
Veterans	1,060	7.4
Seniors or older adults	952	6.7
LGBTQ ¹ clients	845	5.9
Active duty military	623	4.4
Members of military families	541	3.8
Other groups	1,938	13.5

¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	3,994	27.9
Any language other than English	5,863	41.0
Non-English Language Provided by:		
On-call interpreter only	2,033	34.7
Staff counselor only	2,428	41.4
Both staff counselor and on-call interpreter	1,402	23.9
Languages Provided by Staff Counselor:¹		
Spanish	3,598	93.9
American Indian/Alaska Native languages	167	4.4
Other	1,033	27.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/